

PARTICIPANTS:

The Center is non-denominational and serves all people aged 60 or older that live within the City of Alexandria.

NEW PARTICIPANT REGISTRATION:

A short registration process is used to assess a prospective participant's needs and to meet Administrative requirements. Please call 703-751-2766 to make an appointment.

SENIOR OPPORTUNITIES:

The Center promotes happiness and independence through health and wellness, social, educational, recreational, and cultural opportunities. Referrals are made to other services throughout the community. Nutritious lunches are served daily.

CENTER LOCATION:

The Center is located at **4650 Taney Avenue, Alexandria**, across the street from the Patrick Henry Elementary School and Rec Center. Take Seminary Road to North Jordan then turn right on Taney Avenue.

TRANSPORTATION AND MEALS:

The City of Alexandria provides door-to-door bus transportation and daily lunch. Registered participants can make bus or meal reservations by calling 703-751-2766, one day in advance before 11:00 am.

PARTNERS OF ST. MARTIN DE PORRES SENIOR CENTER:

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.

HELPFUL INFORMATION SOURCES:

- **City of Alexandria Division of Aging and Adult Services: 703-746-5999**
- Alexandria DOT Transportation: 703-746-4079
- Alexandria Meals-On-Wheels: 703-836-4414 x.110 Marshall Hespe
- Alexandria Senior Taxi: 703-746-5999 x1
- Arlington County Agency on Aging: 703-228-1700
- Fairfax Area Agency on Aging: 703-324-7948
- Legal Services of Northern Virginia: 703-778-6800 Mon-Thurs 9:30-12:30, 1:30-3:30
- Catholic Charities Emergency Assistance: 703-548-4227, 703-548-4881
- **Catholic Charities Diocese of Arlington Senior Services: 703-751-2766**

ST. MARTIN DE PORRES SENIOR CENTER STAFF:

Juanita Balenger, Senior Center Program Director

Luis Angel, Senior Center Assistant Director

Maria Mellor, Activities and Food Service Assistant, Volunteer Coordinator



ST. MARTIN DE PORRES SENIOR CENTER

ALL SENIORS WELCOME!

Welcome Back!!

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.



October 2023

4650 Taney Ave. Alexandria, VA 22304

Phone: 703-751-2766

www.cdda.net/seniorservices/

CENTER OPEN: MONDAY – FRIDAY
8:30 A.M. – 1:30 P.M.

OFFICE HOURS: 8:30 A.M. – 4:30 P.M.

FIELD TRIPS

****Reminders****

Additional Closures:

Monday 10/9 for Columbus/Indigenous Peoples Day

Wednesday 10/18 CCDA All Staff Meeting

-Bus reservations must be made at least one day in advance by 11 am.

-Lunch reservations must be made at least one day in advance by 11am.



Happy Birthday!

October Birthdays!

01 – Maria Aurora Ramirez

04 – Alan Jordan

20 – Ruth Clyburn

24 – Albert Simms

25 – Channy Chang

26 – Catherine Calloway



Our Birthday Party will be on

Thursday, October 26

Musical Entertainment provided by
DJ Robby G.



Thursday, October 5: Self-Guided Adventure and Picnic at Meadowlark Botanical Garden

Get a chance to take in the beauty of fall by joining us on this nature excursion. We will be able to walk around and take in the beautiful fall colors while getting a chance to relax and have a fall picnic. This will give us the opportunity to get outside before it gets too cold. Seating on the bus is limited to 24 seats, open on a first come first serve basis. Bus pick up begins at 8:30am and we will be leaving the center at 9:30.

Last day to sign up is October 4th at 11:30am. Please sign up with Maria **in person while she is in her office to reserve your spot.**

Wednesday, October 25: Cox Farms Fall Festival Market and Picnic Trip

We are going to have a chance to get a pumpkin and all your apple cider products you need for the fall season. Not only will you get a chance to get a pumpkin and other food, you can support local farmers by getting some yummy produce.

This is a free trip, but you will need to pay for any shopping you might do. If it is raining we will still go since the picnic and shopping area is covered. Seating on the bus is limited to 24 seats, open on a first come first serve basis. Bus pick up begins at 8:30am and we will be leaving the center at 9:30.

Last day to sign up is October 24th at 11:30am. Please sign up with Maria **in person while she is in her office to reserve your spot.**